

Chetola Resort December Activities



1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29	30	1	2	3	4
	Cardiosculpt with Trish- 7:45am- Camp Room	Pilates with Kim- 8:00am- Camp Room	Bootcamp with Catherine- 8:00am- Camp Room	Fully Functional Fitness with Joe- 8:00am- Camp Room	Cardiosculpt with Trish- 7:45am- Camp Room	Saturday Sweat HIIT with Joe- 8:00an
						Bonfire with S'mores by the lake- 6pt
		Game Night!- 6:00pm-8:00pm- Camp Room		Bingo!- 6:30pm-8:00pm- Camp Room	Bonfire with S'mores by the lake- 6pm- 9pm	9pm Christmas Movie Night in Camp Roo 7pm-9pm
in Manual Charles	6	7	8	9	10	11
*	Cardiosculpt with Trish- 7:45am- Camp Room	Pilates with Kim- 8:00am- Camp Room	Bootcamp with Catherine- 8:00am- Camp Room	Fully Functional Fitness with Joe- 8:00am- Camp Room	Cardiosculpt with Trish- 7:45am- Camp Room	No class scheduled. Consult Recreati Desk if class has been substituted
A MARINA MARIA					Hike the Blue Ridge Mountains at Rough	
		Game Night!- 6:00pm-8:00pm- Camp		Bingo!- 6:30pm-8:00pm- Camp Room	Ridge- 10:00am or 2:00pm- Call Rec. Center Desk to book your spots. Limited	Bonfire with S'mores by the lake- 6
		Room		Biligo:- 0.50piii-6.00piii- Caliip Rooiii	Availability Bonfire with S'mores by the lake- 6pm- 9pm	9pm Christmas Movie Night in Camp Roo 7pm-9pm
	13	14	15	16	17	18
	Cardiosculpt with Trish- 7:45am- Camp Room	Pilates with Kim- 8:00am- Camp Room	Bootcamp with Catherine- 8:00am- Camp Room	No Fitness Class this Morning	Cardiosculpt with Trish- 7:45am- Camp Room	No class scheduled. Consult Recreat Desk if class has been substituted
		Game Night!- 6:00pm-8:00pm- Camp Room		Bingo!- 6:30pm-8:00p- Camp Room	Hike the Blue Ridge Mountains at Rough Ridge- 10:00am or 2:00pm- Call Rec. Center Desk to book your spots. Limited Availability Bonfire with S'mores by the lake- 6pm- 9pm	Bonfire with S'mores by the lake- 6 9pm Christmas Movie Night in Camp Ro 7pm-9pm
	20	21	22	23	24	25
	Cardiosculpt with Trish- 7:45am- Camp Room	Pilates with Kim- 8:00am- Camp Room	Bootcamp with Catherine- 8:00am- Camp Room	No Fitness class this Morning.	Cardiosculpt with Trish- 7:45am- Camp Room	
2000					Hike the Blue Ridge Mountains at Rough	Merry Christmas
		Game Night!- 6:00pm-8:00pm- Camp Room		Bingo!- 6:30pm-8:00pm- Camp Room	Ridge- 10:00am or 2:00pm- Call Rec. Center Desk to book your spots. Limited Availability Rec Center Closing at 7:00pm tonight!	Recreation Center Closing at 5:00pr the Holiday
					Bonfire with S'mores by the lake- 6pm- 9pm	
	27	28	29	30	31	
<u> </u>	Cardiosculpt with Trish- 7:45am- Camp	Pilates with Kim- 8:00am- Camp Room	Bootcamp with Catherine- 8:00am- Camp	No Fitness class this morning	Cardiosculpt with Trish- 7:45am- Camp	
	Room		Room		Room Hike the Blue Ridge Mountains at Rough	For any questions
MFRRY		Game Night!- 6:00pm-8:00pm- Camp			Ridge- 10:00am or 2:00pm- Call Rec. Center	regarding the Recreation Center or Activities, pleas
CUDICTMAC		Room		Bingo!- 6:30pm-8:00pm- Camp Room	Desk to book your spots. Limited	contact the Recreation
OULD IND					Availability Bonfire with S'mores by the lake- 6pm-	front desk at 1-828-295-
		İ	Í	Í	9pm	5535