

May Activities at Chetola Resort

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> 	<p>2</p> <p>Cardiosculpt with Trish 7:45am- Camp Room</p>	<p>3</p> <p>Pilates with Kim- 8:00am-Camp Room Game Night!- 6:00pm- 8:00pm- Camp Room</p>	<p>4</p> <p>Bootcamp with Catherine-8:00am Fully Functional Fitness- Joe- 9:00am- Camp Room for both</p>	<p>5</p> <p>Movie Night!- 6:00pm- 8:00pm- Camp Room</p>	<p>6</p> <p>Cardiosculpt with Trish- 7:45am- Camp Room Bonfire with S'mores by the lake- 6pm-9pm</p>	<p>7</p> <p>HIIT with Joe- 8:00am Morning Stretch- 9:00am Yoga- 9:30am Bonfire with S'mores by the lake- 6pm-9pm</p>
<p>8</p> 	<p>9</p> <p>Cardiosculpt with Trish 7:45am- Camp Room</p>	<p>10</p> <p>Pilates with Kim- 8:00am-Camp Room Game Night!- 6:00pm- 8:00pm- Camp Room</p>	<p>11</p> <p>Bootcamp with Catherine-8:00am Fully Functional Fitness- Joe- 9:00am- Camp Room for both</p>	<p>12</p> <p>Movie Night!- 6:00pm- 8:00pm- Camp Room</p>	<p>13</p> <p>Cardiosculpt with Trish- 7:45am- Camp Room Bonfire with S'mores by the lake- 6pm-9pm</p>	<p>14</p> <p>HIIT with Joe- 8:00am Morning Stretch- 9:00am Yoga- 9:30am Bonfire with S'mores by the lake- 6pm-9pm</p>
<p>15</p> 	<p>16</p> <p>Cardiosculpt with Trish 7:45am- Camp Room</p>	<p>17</p> <p>Pilates with Kim- 8:00am-Camp Room Game Night!- 6:00pm- 8:00pm- Camp Room</p>	<p>18</p> <p>Bootcamp with Catherine-8:00am Fully Functional Fitness- Joe- 9:00am- Camp Room for both</p>	<p>19</p> <p>Movie Night!- 6:00pm- 8:00pm- Camp Room</p>	<p>20</p> <p>Cardiosculpt with Trish- 7:45am- Camp Room Bonfire with S'mores by the lake- 6pm-9pm</p>	<p>21</p> <p>HIIT with Joe- 8:00am Morning Stretch- 9:00am Yoga- 9:30am Bonfire with S'mores by the lake- 6pm-9pm</p>
<p>22</p> 	<p>23</p> <p>Cardiosculpt with Trish 7:45am- Camp Room</p>	<p>24</p> <p>Pilates with Kim- 8:00am-Camp Room Game Night!- 6:00pm- 8:00pm- Camp Room</p>	<p>25</p> <p>Bootcamp with Catherine-8:00am Fully Functional Fitness- Joe- 9:00am- Camp Room for both</p>	<p>26</p> <p>Movie Night!- 6:00pm- 8:00pm- Camp Room</p>	<p>27</p> <p>Cardiosculpt with Trish- 7:45am- Camp Room Bonfire with S'mores by the lake- 6pm-9pm</p>	<p>28</p> <p>HIIT with Joe- 8:00am Morning Stretch- 9:00am Yoga- 9:30am Bonfire with S'mores by the lake- 6pm-9pm</p>
<p>29</p> 	<p>30</p> <p>Cardiosculpt with Trish 7:45am- Camp Room</p>	<p>31</p> <p>Pilates with Kim- 8:00am-Camp Room Game Night!- 6:00pm- 8:00pm- Camp Room</p>				