

# August 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16 Bootcamp with Catherine 8am Fitness Center Movie Night & Popcorn Kids Camp 7 pm	17 Disc Golf Group Play 4:00 - 6:00 pm Meet at Rec Desk	18 Paddle Board Yoga 8:30 - 10:30 *Sign-up Required at rec desk Bonfire & S'mores 7pm - 10pm	19 Movie Night & Popcorn Kids Camp 7PM
20	21 Guided Walk Around the Lake 10:00 am Meet at Rec Desk	22 Tennis & Pickleball Group Play 9:00 am + 5:00pm If rentals needed pickup at rec desk	23 Bootcamp with Catherine 8am Fitness Center Movie Night & Popcorn Kids Camp 7 pm	24 Disc Golf Group Play 4:00 - 6:00 pm Meet at Rec Desk	25 Paddle Board Yoga 8:30 - 10:30 *Sign-up Required at rec desk Bonfire & S'mores 7pm - 10pm	26 Movie Night & Popcorn Kids Camp 7PM
27	28 Guided Walk Around the Lake 10:00 am Meet at Rec Desk	29 Tennis & Pickleball Group Play 9:00 am + 5:00pm If rentals needed pickup at rec desk	30 Bootcamp with Catherine 8am Fitness Center Movie Night & Popcorn Kids Camp 7 pm	31 Disc Golf Group Play 4:00 - 6:00 pm Meet at Rec Desk	1	2
3	4	Notes				